

THIS IS WHY THE FRENCH LIVE SO LONG



Some say it's the red wine and a cultural tolerance for rich food, but the real credit to the longevity of our French friends goes to their ability to slow down and enjoy life with a simple pastry and a cup of coffee. And Victor at Douce France has brought a bit of this French relaxation method to his customers in Town and Country Village. Treat yourself to Parisian-inspired pastry, crepe, or panini sandwich, a café au lait and a copy of today's Daily News, and you'll find yourself instantly relaxed and 10 pounds thinner (okay, no guarantees you'll leave looking like a French model). Douce France even has a WiFi connection for those of you who can't leave your laptop behind. Douce France located at 104 Town and Country Village and is open daily.

SHAKE YOUR GRATEFUL HEAD DARLIN'

If you missed the Grateful Head coupon in yesterday's Clip and Save page of the Daily News, be sure to watch for it again next Wednesday and save on \$2 on haircuts, and \$5 on perms and color. The Grateful Head is open daily and is located across from Target at 530 Showers Drive in Mountain View. For an appointment, call 941-5797.

STOCK UP ON CRANE LAKE

At \$23.88 per case, you can be ready for any spur of the moment gathering with Crane Lake wines. Throughout August, all Crane Lake wines are just \$1.99 per bottle or \$23.88 per case at The Willows Market in Menlo Park. A full-service neighborhood grocery store, Willows carries a great selection of wines from small production wineries, as well as a great selection of specialty items and Peet's Coffee. Parking is plentiful, and shopping at Willows is quick and convenient. The Willows Market is located at 60 Middlefield Road in Menlo Park.

SOMETHING'S BUBBLING UP IN MENLO PARK



Bubble, the Bay Area's hippest baby lifestyle boutique is pleased to announce the opening of its second store in Menlo Park. Representing the unique culture of babies and kids (newborns to 14 years old), Bubbles carries the latest in fashion trends, gifts, custom t-shirts and of course, toys. The season's hottest items by Juicy Couture, True Religion, Sister Sam, Luna Luna, Joe's Jeans, Quick Silver, Junk Food, Lacoste, and many more are available in-store or online at www.gotbubble.com. Bubble has been featured in many publications, including Where Magazine, and its San Francisco store has been voted Best Baby Clothing Store in a City Search poll. Stop in at either Bubble location, 728 Santa Cruz Avenue in Menlo Park, or 3180 Fillmore Street in San Francisco.

UNTANGLING THE HEALTH INSURANCE WEB



For help with Medicare supplements, small group insurance, or alternatives to Cobra, call Sandy White of Allied Brokers. Sandy has been serving Palo Alto and surrounding communities for many years, and understands the

Absolutely



BY **Joan Dentler**

Look for *Absolutely* in the Daily News.

Brought to you by the Ad Department

Joan can be emailed at jdentler@dailynewsgroup.com

ENJOY A MEAL AT CHEVY'S AND HELP FIGHT BREAST CANCER



EVERYONE DESERVES A LIFETIME®

Check out Trisha's blog at trishafaggiolly.blogspot.com

Trisha & Caden
Disneyland September 2007

This past April, Patricia Angelina Faggiolly Barrett was diagnosed with inflammatory breast cancer. Adding to the shock of the diagnosis was the fact that this 32 year-old wife and mother was also 15 weeks pregnant. Trisha's family and friends have come together to form "Trisha's Trailblazers" to help raise funds and awareness in the fight against breast cancer. The team has organized a Breast Cancer 3-Day Fundraising Event, which includes an event on Thursday, August 14 at Chevy's Restaurant in Redwood City. Chevy's will donate 25 percent of the food proceeds from that day's lunch and dinner to Trisha's Trailblazers. Simply mention the Breast Cancer 3-Day Event to your server, or bring the ad from today's Daily News. And be sure to spread the word to family, friends and co-workers—the more lunch or dinner guests, the more funds will be raised in the fight against breast cancer. For more information, go to www.trishafaggiolly.blogspot.com.

GOLF ON YOUR OWN TURF



Imagine being able to practice your golf swing whenever you want without going to the driving range or golf course. Studio Golf USA provides high-quality, all-weather golfing studios that allow you to golf on your own turf. Designed for private homes, corporations, hotels, event companies and conference centers, Studio Golf offers a variety of high-quality, durable, and attractive driving range studios for rental or purchase. The frames and canopies are constructed of sturdy, weather-resistant materials for extreme heat or cold and come in a wide range of fabric colors, putting greens, branding and design options to suit your specific needs and budget. Swing analysis components are also available. For more information, contact a member of the Studio Golf USA sales team at 888-891-2608. Studio Golf USA is located at 887 S. Winchester Boulevard, Suite 246 in San Jose. For more information, go to www.studiogolfusa.com.

ever-changing health insurance industry. For more information, call Sandy at 328-1000.

IS CHEF MANOJ DESTINED TO OPEN LITTLE INDIA NYC?

It was the Gilroy Garlic Festival that drew Zita Sebastian and her family to the Bay Area, but it was the buffet at Little India that really left an impression. Zita, executive director of Stew Leonard's Farm Fresh Grocery & Produce and Dairy Chain Store in Connecticut and New York, had heard about Little India's Fresh as it Gets Award, and made a point of stopping in to sample some of Chef Manoj Chopra's delicious and heart healthy dishes. Commenting that it was the best Indian food she had ever had, Zita encouraged Manoj to take his culinary skills to the East Coast and open up Little India NYC. In the meantime, you can enjoy the Fresh as it Gets award-winning lunch or dinner buffet right here in downtown Redwood City. Little India Restaurant and Catering is Located at 917 Main Street Redwood City. For more information, call 361-8737, or go to www.littleindiacuisine.com.

IF YOU HATE YOUR NECK

If the skin on your neck is showing signs of aging, your face isn't far behind. But thanks to Bay Area Skin and Hair Centers there's no need to give into the aging process. During their Summer Special, Bay Area Skin & Hair Centers are offering savings on fractional resurfacing of face/neck, Botox, Restylane and laser hair removal. For an appointment, call 565-8683, or stop in at 701 Welch Road, Suite 212 in Palo Alto.

MEET ME ON THE TERRACE



For the finest in luxury home accessories from Europe and North America, visit View from the Terrace in Palo Alto. This incredible store has an abundant collection of everything from hotel silver and Italian linens to Murano glass and fine art. The eclectic collection includes product offerings from top purveyors such as Ann Gish, Peacock Alley, Wedgwood, Fino Lino, Gianna Rose, Rayaud, Salzburg Creations and many more. For the perfect gift or accessory for your own home, visit View from the Terrace located at 440 Kipling Street in Palo Alto.

PALO ALTO'S NEWEST BOUTIQUE



Perhaps there's something subliminal about strawberries, or perhaps it's the engaging smile and easygoing personality of proprietor Malika, but it's hard to leave Fresa empty handed. (Even our Daily News photographer couldn't resist picking up a little something for his wife.) This new Palo Alto women's boutique offers a unique line of clothing and accessories that transcend generational boundaries—everyone from young professionals to grandmothers will find something irresistible at Fresa. Malika explains that the name of her boutique, "Fresa" means "strawberry" in Spanish, hence the strawberry accents throughout the store. For firsthand reviews of Fresa, read the comments of customers at www.yelp.com. Sometimes life's unexpected pleasures are the best, so stop into Fresa and pick up something for yourself or as a gift for someone special. Fresa is located at 3705 El Camino Real in Palo Alto; parking is plentiful. Open Tuesday through Saturday 10 a.m.-6 p.m. and Sunday noon-4 p.m. For more information, call Malika at 493-3701.